

Wisconsin Heights
Middle/High School

Activity Handbook

2017 - 2018



Fall

Cross Country: HS

Cross Country: MS

Football

Soccer (Boys)

Volleyball: HS

Volleyball: MS

Swimming: Girls

Winter

Basketball: HS Girls

Basketball: MS Girls

Basketball: HS Boys

Basketball: MS Boys

Hockey : Girls

Hockey : Boys

Swimming: Boys

Spring Sports

Baseball

Golf

Softball

Soccer (Girls)

Track & Field: HS

Track & Field: MS

Clubs

Academic Bowl

Academic Decathlon

Art Club: MS & HS

Badger State: Boys/Girls

Chess Club: MS & HS

Drama: Plays/Musical

FBLA

FFA: MS & HS

Forensics

Math Meet

NHS

Spanish Club

Student Council: MS & HS

HS Cross Country

Coach: Sara Lazarescu

Coach Telephone: 608-575-5469

Season: Fall

Practice: After school

Cost: \$75.00

Equipment Required: Good running shoes, spikes recommended for varsity athletes, water bottle, digital watch

General Description: Cross Country offers athletes a chance to become fit and train with friends. The team is like a family. The goal is for the athlete to compete at a high level while having fun!

MS Cross Country

Coach: Kurt Wong

School Telephone: 608-767-2568

Season: Fall

Practice: After school

Cost: \$25.00

Equipment Required: T-shirt, shorts, running shoes

General Description:

Football

Coach: Jeff Supernaw

Coach Telephone: 262-215-1773

Season: Fall

Practice: After school

Cost: \$75.00

Equipment Required: Spikes, mouth guard

General Description: Contact sport

Soccer (Boys)

Coach: Bartlett Holmes

Coach Telephone: 608-205-7971

Season: Fall

Practice: After school

Cost: \$75.00

Equipment Required: T-shirt, shorts, shin guards, soccer cleats

General Description:

HS Volleyball

Coach: Amy Schlimgen

Coach Telephone: 608-347-3978

Season: Fall

Practice: After school

Cost: \$75.00

Equipment Required: Knee pads,
volleyball shoes

General Description:

MS Volleyball

Coach: Shelly Schaub/Kassandra
Gehrke

School Telephone: 608-767-2568

Season: Fall

Practice: After School

Cost: \$25.00

Equipment Required: Tennis shoes,
knee pads, shorts, t-shirt

General Description:

Swimming (Girls)

Coach: Lodi School District

Coach Telephone:

Season: Fall

Practice: After school

Cost: \$75.00

Equipment Required:

General Description:

HS Basketball: Girls

Coach:

Coach Telephone:

Season: Winter

Practice: After school

Cost: \$75.00

Equipment Required: T-shirt, shorts, basketball shoes

General Description: Basketball is a great opportunity to be involved in a team sport and fulfill the three sport athlete program requirement. We encourage anyone whether experienced or inexperienced to join.

HS Basketball (Boys)

Coach: Zack Colby

Coach Telephone: 608-302-7737

Season: Winter

Practice: After school

Cost: \$75.00

Equipment Required: T-shirt, shorts, basketball shoes

General Description: Our goal is to make sure all players have made huge improvements by the end of the season. Basketball is a great sport in the sense of working as a team and pushing each other to reach the team goals, as well as individual goals. We work hard each and every day, but have fun at the same time!

MS Basketball (Boys)

Coach: TBA

School Telephone:

Season: Winter

Practice: After school

Cost: \$25.00

Equipment Required: T-shirt, shorts, basketball shoes

General Description:

Hockey (Girls)

Coach: Sauk Prairie School District
Rick Capener

Coach Contact: Capener36@gmail.com

Season: Winter

Practice: After School

Cost: \$75

Equipment Required:

General Description:

Hockey (Boys)

Coach: Sauk Prairie School District
David Lohrei

Coach Contact:

david.lohrei@saukprairieschools.org

Season:

Practice:

Cost:

Equipment Required:

General Description:

Boys Swimming

Coach: Todd Wuerger

Coach Contact:

todd.wuerger@saukprairieschool.org

Season: Winter

Practice: Before & After school

Cost: \$75.00

Equipment Required:

General Description:

Baseball

Coach: Rod Howard

Coach Telephone: 608-334-6114

Season: Spring

Practice: After school

Cost: \$75.00

Equipment Required: Baseball cleats, baseball glove

General Description:

Golf

Coach: Dave Austin

Coach Telephone: 608-795-4903

Season: Spring

Practice: After School

Cost: \$75.00

Equipment Required:

General Description:

Softball

Coach: Dennis Wood

Coach Telephone: 608-220-6042

Season: Spring

Practice: After school

Cost: \$75.00

Equipment Required: Baseball cleats,
softball glove

General Description:

Soccer (Girls)

Coach: Bartlett Holmes

Coach Telephone: 608-205—7971

Season: Spring

Practice: After school

Cost: \$75.00

Equipment Required: T-shirt, shorts, shin guards, soccer cleats

General Description:

HS Track & Field

Coach: TBA

Coach Telephone: TBA

Season: Spring

Practice: After school

Cost: \$75.00

Equipment Required: Good running shoes, spikes recommended for varsity athletes, water bottle, digital watch

General Description: Track & Field offers athletes a chance to become fit and train with friends. The team is like a family. The goal is for the athlete to compete at a high level while having fun!

MS Track & Field

Coach: Kurt Wong, Paul Bodilly,
Carissa Caminiti

School Telephone: 608-767-2586

Season: Spring

Practice: After school

Cost: \$25.00

Equipment Required: T-shirt, shorts,
running shoes

General Description:

Academic Bowl:

Advisor: Dan Jergins

School Contact:

djergins@wisheights.k12.wi.us

Season:

Practice: After school

Cost:

General Description:

Academic Decathlon

Advisor: Dan Jergins

School Contact:

djergins@wisheights.k12.wi.us

Season:

Practice: After school

Cost:

General Description:

Art Club: MS & HS

School Contact: Natalie Goebel

ngoebel@wisheights.k12.wi.us

Practice: After school

Cost:

Equipment Required:

General Description:

Badger State: Boys & Girls

School Contact: Kurt Wong
kwong@wisheights.k12.wi.us

General Description:

Chess Club: MS & HS

School Contact: Dan Jergins
djergins@wisheights.k12.wi.us

General Description:

Drama: Play/Musical

Advisor: Aniela Haas

School Contact:
ahaas@wisheights.k12.wi.us

Season: Fall/Spring

Practice: Before & After school

Cost:

General Description:

FBLA:

School Contact: Don Black
dblack@wisheights.k12.wi.us

General Description:

FFA: MS & HS

School Contact: Kim Houser
khouser@wisheights.k12.wi.us

General Description:

Forensics:

Advisors: Kathy Haig & Andy Cole

School Contact:
khaig@wisheights.k12.wi.us
acole@wisheights.k12.wi.us

Season:

Practice: After school

General Description:

Math Meet:

Advisor: Dave Purdy

School Contact:
dpurdy@wisheights.k12.wi.us

Season:

Practice: After school

General Description:

National Honor Society:

Advisors: Nick Winters

School Contact: nwin-
ters@wisheights.k12.wi.us

Meets: Before & After school

General Description:

Spanish Club:

Advisor: Mike Hruby

School Contact:

mhruby@wisheights.k12.wi.us

Meets: Before, During or After school

General Description:

Student Council: MS & HS

Advisors/School Contact:

HS: Megan Bilskemper

mbilskemper@wisheights.k12.wi.us

MS: Melissa Schmitt

mschmitt@wisheights.k12.wi.us

Meets: Before, During or After school

General Description: