

Dear Family/Caregiver,

Welcome to the 2020-21 school year! The health and safety of our students and staff is our highest priority this school year. We want to provide you with some information on COVID-19 and how you can help us keep all students safe while at school.

How is COVID-19 spread?

The virus that causes COVID-19 is thought to spread from person-to-person, mainly through respiratory droplets produced when an infected person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby, or possibly be inhaled into the lungs. Spread is more likely when people are in close contact with one another (within about 6 feet).

We need your help, too!

Here is what you can do at home to help keep your student and yourself healthy.

- Help them wash their hands often for at least 20 seconds
- Help them avoid close contact with people who are sick.
- Remind them to stay 6 feet apart from other people outside of their household.
- Remind/encourage those who are able to do so safely to cover their mouth and nose with a cloth face covering when they are around others.
- Teach them to clean and disinfect frequently touched surfaces daily.

Keep your student home if ill.

It is important for you to keep your student home when they are not feeling well. If you have any questions on whether your student should come to school, the best decision would be to keep them home and contact your health care provider to discuss your concerns. We ask that you screen your student every day, using the questions below, before sending them to school. If your student tests positive for COVID-19, is exposed to COVID-19 or stays home due to illness please contact your student's school.

Screening Questions

1. Has your student been in close contact with anyone who has tested positive for COVID-19 or was diagnosed in the last 14 days?
2. Has your student been diagnosed with COVID-19 by a health care provider in the last 10 days?
3. Has your student developed a cough, shortness of breath, or trouble breathing in the past 24 hours?
4. Has your student had a new loss of taste or smell?
5. Has your student taken medication in the past 24 hours to lower their temperature?
6. Is your student experiencing two or more of the following symptoms?

○ Sore throat	○ Headache
○ Unusual fatigue	○ Muscle or body aches
○ Nausea or vomiting	○ Diarrhea
○ Runny nose or nasal congestion	○ Fever (100.4°F or higher)

If Yes to any of the above please do not send your student to school today.