

COVID-19 Exposure/Close Contact Guidance WHSD (Updated 2/23/2022)

Who does NOT need to quarantine after they have been determined to be a close contact

- 18+ has gotten all doses of vaccine including a booster
- 5-17 and completed primary series of vaccines (doesn't include boosters but a booster is recommended)
- Confirmed COVID in the past 90 days

All close contacts need to wear masks around others for 10 days and it is recommended that they get tested on day 5 after exposure.

Quarantine

- Stay home and away from others for **at least 5 days** (Day 0 is day of contact).
- Wear a mask around others at home.
- Watch for symptoms for the full 10 days. Stay home and get tested with any symptoms.
- If no symptoms, it is recommended they have a test at least 5 days after contact
 - If negative, they can return to school with a well-fitted mask for full 10 days
 - If positive, isolate for 5 days
- If unable to wear a mask stay home and quarantine for 10 days
- Do not go to places you can't wear a mask and avoid eating around others (within 6 feet) at home or school for 10 days

Isolation (for people who have tested positive for COVID-19)

- Isolate for **10 days** with confirmed COVID (Day 0 is first day of symptoms or date of test)
- Option to end isolation after 5 days for **symptomatic** people with COVID
 - Complete 5 full days. A student can return on day 6 if criteria below are met.
 - Symptoms are improving AND
 - Fever free for 24 hours without the use of medication AND
 - Negative rapid antigen test on day 5, collected at our school testing site or other testing location (not an at home test), results need to be shared with the school AND
 - Wear a well fitting mask around others for the full 10 days of isolation.
 - Do not eat around others at home or school until full 10 days after first day of symptoms
 - Ending isolation early does NOT APPLY to severe Covid or those who are immunocompromised
- Option to end isolation after 5 days for **asymptomatic** people with COVID
 - Complete 5 full days. A student can return on day 6 if criteria below are met.
 - They remain symptom free
 - Negative rapid antigen test on day 5, collected at our school testing site or other testing location (not an at home test), results need to be shared with the school AND
 - Wear a well fitting mask around others for the full 10 days of isolation.

- If they do develop symptoms 5 days starts over from when symptoms started
- Do not eat around others at home or school until full 10 days after first day of symptoms

It is recommended that MS/HS students who are returning to school after isolation or quarantine eat lunch in the office where six foot distancing can be possible.

Links

[PHMDC Exclusion Table](#) (updated 1/7/22)

[CDC Specific Notes for Schools](#)